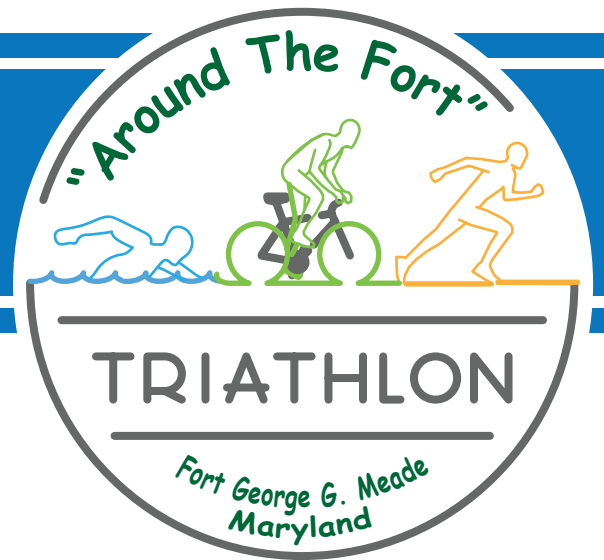


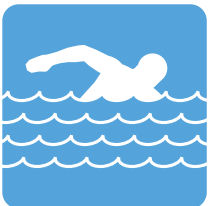
AROUND THE FORT SPRINT TRIATHLON



Saturday, 14 September 2019
0800 / 8 a.m.
Gaffney Fitness Center

"Around the Fort" Triathlon is a sprint race designed for all levels; beginners to seasoned triathletes, featuring a 300 meter swim, 12 mile bike, 5K run!

Open to all Military Services, DoD civilians, Retirees, and family members; eighteen years and older.



Triathlon Relay Option

Worried about doing the swim, or the bike, or the run?

Don't worry, just put together a team so you only have to do one of the legs!

For example: Member "A" does the swim portion, member "B" does the bike portion, and member "C" does the run!



Finishers / Prizes

All participants will receive a race apparel item and medal!

Prizes will be awarded for the top finisher in the following categories:

- Overall Male
- Overall Female
- Age Group *(top finisher; male and female, every five years starting at age eighteen)*
- Overall Team



Pricing

Race Type:	5/1-7/1	7/2-8/2	8/3-9/3
Active Duty Individual	\$50	\$55	\$60
Non-Active Duty Individual	\$60	\$65	\$70
Team	\$75	\$85	\$100

Three people per team - One per leg of race



To register go to our website, meade.armymwr.com or scan the QR code

Call 301-677-2349 for details.
meade.armymwr.com

