

# PARENT SUPPORT GROUP

Every Thursday  
10:00 AM to 11:00 AM  
Via Teams 365

**\*Building Family Social, Physical &  
Emotional Resiliency\***

Non-Judgmental Support

Convenient Meeting Times

Support Group geared for parents  
(moms/ dads) and their children

Topics include:

- \* Trending~COVID-19
- \* Parenting Challenges
- \* Coping Skills

\* Other resources are available

For more information please call:  
Family Advocacy Program—  
301-677-4118 OR  
Parent Support Coordinators:  
301-677-3617/4117



[meade.armymwr.com](http://meade.armymwr.com)