



January
2020



AUTO SKILLS

While You Wait Wednesdays

Bring your car to the Auto Skills Center on Wednesdays for a check up or routine maintenance. We'll have your vehicle running smoothly in no time, while you wait!

Every Wednesday, 1000-1700
301-677-5542

SERVICES OFFERED

PRICE

Oil Changes (Customer must bring oil and filter)	\$20-40
Wheel Alignment Front end \$65 Front & Rear \$75 Assessment \$20	
Air Conditioning (plus Freon)	
AC Service \$45 Performance Test \$15 Leak Check \$15 Evacuation Only \$15	
Nitrogen Inflation Passenger Cars \$20 SUVs (35+psi) \$25 Refills per tire \$2	

NEW YEARS REVOLUTION Free Fitness Fest

JANUARY 11
0930- 1230



KICKSTART 2020 with Gaffney's NEW YEAR REVOLUTION 3-hour Fitness Fest. Don't miss this wonderful opportunity to revitalize your 2020 NEW YEAR'S resolution to exercise your way to a healthier you. Gaffney fitness instructor classes will be featured in 20-30-minute increments. FREE fresh fruit and healthy snacks, breaks taken as needed. All levels welcome.

Murphy Field House
8451 Zimborski Ave
Fort Meade, MD

Joint Services

Free Classes

LIFE SKILLS

Building Healthy Relationships

07 JAN - 0900 - FFSC

Stress Management

28 JAN - 0900 - FFSC

Anger Management

30 JAN - 1300 - FFSC

Dad's Bootcamp

23 JAN - 0800 - FFSC

1

ARMY COMMUNITY SERVICES (ACS)

Community Readiness Center

830 Chisholm Avenue / 301-677-5590

2

FLEET & FAMILY SUPPORT CENTER (FFSC)

Community Readiness Center

2212 Chisholm Avenue / 301-677-9017

Family Advocacy Program

Free Classes

2462 85th Medical Battalion Ave
301-677-4118

Boundaries With Children

Six week parenting class

8, 15, 22, & 29 - JAN

1300 to 1500

Resiliency of Men

8 & 22 JAN - 1300

Moms of Multiples

2 & 16 JAN - 1330

Families Dealing with Deployment

6 & 18 JAN - 1730

Single Parent Group

13 & 27 JAN - 1730

SAC I - 1900 Reece Rd

Couples Communication

Every Monday - 1430

Babase Boot Camp

17 JAN - 0830

BRIEFS & TRAINING

Sponsorship Training

22 JAN - 1400 - FFSC

Resume Writing

07 JAN - 0900 - FFSC

Retiree Brief

27 JAN - 0800 - FFSC

Transition, Goals, Plans, and Success

06-10 JAN - 0800 - FFSC

13-17 JAN - 0800 - FFSC

Job Search Strategies

14 JAN - 0900 - FFSC

10 Steps to a Federal Job

21 JAN - 0900 - FFSC

Pre-Deployment Brief

5 & 19 JAN - 0930 - ACS

FRG Leader

26 JAN - 0900 - ACS

Newcomers Orientation

8, 15, & 22 JAN - 0830 - ACS

Parenting with a Purpose

Every Wednesday - 1300

Women's Empowerment

Every Wednesday - 1400

Moms Support Group

Every Thursday - 0930

Moms Walking Group

Every Thursday - 0830

PLAY GROUPS

A-Z Come Play With Me

Ages 18 months to 4 years

Every Monday & Friday - 1030

2462 85th Med Bn Avenue

Romp - n - Stomp

Ages up to age five

Every Tuesday - 1000

909 Ernie Pyle Road

FINANCIAL

The Cost of Raising Children

04 DEC - 1000 - FFSC

Developing a Spending Plan

08 JAN - 1300 - FFSC

Thrift Savings Plan

28 JAN - 0800 - ACS

Car Buying

28 JAN - 1400 - ACS

Holiday Recovery

14 JAN - 0800 - ACS

1st Term Readiness

Online Course - ACS

Exceptional Family Member Program

EFMP Bowling

15 JAN - 1100

The Lanes

301-677-4779

Achieving a Better Life

Experience (ABLE)

Account Workshop

23 JAN - 1730

301-677-4473



Babase Boot Camp

17 JAN

Registered participants will receive education on a range of topics including: Ages and Stages of Development, Breastfeeding Basics, Infant Care, Nutrition and Budgeting for Babies. Parenting enrichment books and diaper bags are provided. Class fills quickly.

Fort Meade Family & MWR

Programs



CLUB MEADE



BRASS LOUNGE

Whether you want to sit back and relax, mingle, or watch your favorite show on one of our large screen TV's, The Brass Lounge will not disappoint. Patrons can choose from one of our many delicious appetizers or dinner menu items. Club Meade also offers full service catering for causal and formal events.
Open: Thursday- Friday, 1600- 2000

50 CENT WING NIGHT

Every Thursday 1600
301-677-6969



THE LANES

Bowling Center

Our bowling center offers a wide variety of amenities to keep you and your party entertained. Check out our Pin Deck Café, Pro Shop, Lounge at The Lanes, or Video arcade room.

COSMIC BOWLING

Every Saturday Night 1900

TRIVIA NIGHT

Every Tuesday Night 1830

DOLLAR DAY

Every Thursday 1100- close

FREE UNIT BOWLING

Every Tuesday, Wednesday, & Friday
1100- 1400
301-677-5541



OUTDOOR REC

Equipment Rentals

Take advantage of Outdoor Recreation's winter rentals or RV Storage Lots this season. Rentals include: camping gear, grills, party supplies, heaters, and stoves. They even have skis and snowboards for your next trip to the slopes.

WINTER RESALE ITEMS

Ice melt, snow shovels, snow brooms, ice scrapers & brushes, windshield washer fluid, small propane bottles, refilling of propane tanks, and snow tubes.
301-677-3810



CYS

Parent's Night Out

Take some time out for yourself this month and sign the kids up for our Parent's Night Out. Our children's programs provide quality care at an affordable price.

January 17, 1830-2230

Register from Jan 2- 15

301-677-1149



YOUTH SPORTS

Winter Sports Registration

Fort Meade CYS Sports and Fitness' award winning programs are always looking for volunteer coaches, no experience necessary!

INDOOR WINTER SPORTS

Soccer - Ages 5 to 11

Soccer Clinic - Ages 3 to 4

Cheerleading - Ages 5 to 15

Basketball - Ages 5- 15

Basketball Clinic - Ages 3 to 4

301-677-1437





ARTS & CRAFTS Center

Spark your creativity with our huge selection of activities, classes, and services.

COMMEMORATIVE BRICKS

Honor your family's legacy with an engraved brick that will be placed in Constitution Park on Fort Meade.

PICK-IT-&-PAINT-IT CERAMICS

Every Saturday Afternoon 1200- 1700

CUSTOM FRAMING SHOP

Tuesday-Saturday 0900- 1700

DIY FRAMING

Saturday 0900- 1700

ENGRAVING

Monday-Friday 0900- 1700

301-677-7809



The hottest show on wheels returns with its trademark combo of races and stunts. Monster Jam Triple Threat Series tickets are now on sale!



Walt Disney World salutes our military with 2020 Promotional Tickets. Don't miss your chance to see the new Star Wars: Galaxy's Edge attraction.

LEISURE TRAVEL SERVICES

Plan Your Next Trip

6350 York Avenue
Fort Meade, MD

301-677-7809
Monday- Friday
1000- 1700



MWR Feburary Events

Check out next month's events and start planning early!

PRIME RIB DINNER

Club Meade, FEB 07 -1700

RIGHT ARM NIGHT

Club Meade, FEB 20 - 1600

FISH FRY FRIDAY

Club Meade, FEB 28- 1600

PARENTS NIGHT OUT

CDC IV, FEB 21 1830- 2230

MASSANUTTEN SKI TRIP BOSS

FEBURARY 14- 16

Better Opportunities for Single Servicemembers



\$100

301-677-6868

boss.ftmeade@gmail.com

