Celebrating a Century of Excellence! FORT GEORGE G. MEADE 1917 - 2017

Volume 14 Issue 8



FAMILY AND MORALE, WELFARE, & RECREATION AUGUST BULLETIN

Serving all of Fort George G. Meade: Army - Marine Corps - Navy - Air Force - Coast Guard



The 2017 U.S. Army Arts & Crafts Contest recognizes the artistic talent and creativity in two experience levels and nine categories. Visit www.armymwr.com/artsandcrafts

FARMERS MARKET

Every Wednesday 1000 to 1400 - Meade Pavilion

Food trucks, vendors, and special attractions: 9 Aug - H2 Yo Yo hair painting for everyone 16 Aug - Color me a Picture Day 30 Aug - Outdoor Recreation displays



CYS OPEN HOUSE

28 August - 6 to 8 p.m. - Free School Age Care Center II - 909 Ernie Pyle Street

Learn about programs at SAC I & II and the new programs at the combined Middle School & Teen Youth Center!



Arts & Crafts Center's August Prizes

Custom engraved rosewood wine box, two wine glasses, and wine tools

OR

\$125 gift certificate for custom framing

Outdoor Recreation's August Prizes

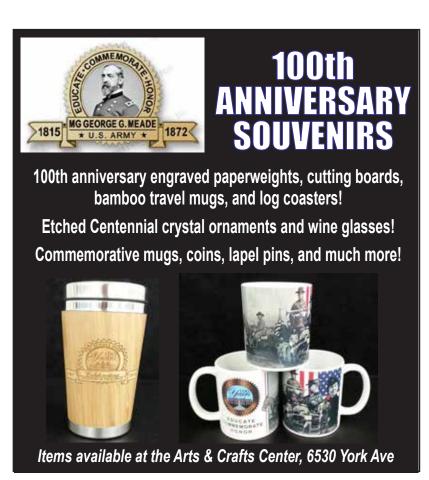
One day use of a tow-able super cooker grill

OR

One day use of a T@G teardrop camper

Visit Arts & Crafts Center and Outdoor Recreation and fill out an entry form!

Open to all eligible patrons! No purchase necessary!





Keep up to date with all Fort Meade MWR events!

Visit us online: www.meade.armymwr.com



NATIONAL NIGHT OUT!

1 August - 1800 to 2100 / 6 to 9 p.m. - Free McGlachlin Parade Field - Open to the Fort Meade Community

JOINT SERVICES PROGRAMS

Open to all Active Duty Military and their family members, DoD civilians, and Military/DoD retirees.



Transition, Goals, Plans, Success

Five Day Workshops

7 to 11 Aug - 0800 - FFSC 21 to 25 Aug - 0800 - FFSC

Two Day Workshop

Career Technical Training

30 & 31 Aug - 0800 to 1600

Joint Services Retiree Brief

14 August - 0800 - FFSC 18 September - 0800 - FFSC

Joint Pre-Deployment Brief

24 August - 1000 - FFSC 21 September - 1000 - FFSC

Pre-Separation Brief

17 August - 0900 - FFSC 7 September - 0900 - FFSC

Budget For Baby*

22 Sep - 1100 - FFSC *Marine Corps & Navy Only

Mobilization & Deployment

Army Family Team Building and Family Readiness Group

Pre-Deployment Brief

4 or 18 Aug - 0930 - ACS

Family Readiness Group Training

25 Aug - 0900 - ACS

Family Resiliency Training

25 Aug - 1100 - ACS

Free Classes & Workshops

EMPLOYMENT

Resume Workshop

8 Aug - 0900 - ACS 12 Sep - 0900 - FFSC

Ten Steps to a Federal Job

10 Aug - 0800 - ACS

19 Sep - 0900 - FFSC

Social Media for Job Seekers

15 Aug - 0900 - ACS

Salary Negotiation

17 Aug - 0900 - ACS

How to work a Job Fair

22 Aug - 0800 - ACS

Interviewing Skills

26 Sep - 0900 - FFSC

LIFE SKILLS

Stress Management

1 Aug - 0900 - FFSC 5 Sep - 0900 - FFSC

Anger Management

9 Aug - 0900 - FFSC

7 Sep - 0900 - FFSC

Sponsorship Training

10 Aug - 0900 - ACS 16 Aug - 1400 - FFSC

10 Aug - 1400 - FF3

Healthy Relationships

17 Aug - 0900 - FFSC

Effective Communication

18 Sep - 0900 - FFSC

FINANCIAL

Dollars & Sense

1 Aug - 0900 - ACS 5 Sep - 0900 - ACS

Blended Retirement & Thrift Savings Plan

8 Aug - 0900 - ACS

Home Buying

15 Aug - 0900 - ACS

Financial Readiness

22 Aug - 0800 - ACS online course

Credit Management

22 Aug - 0900 - ACS

Banking Basics

12 Sep - 0900 - ACS

Car Buying

19 Sep - 0900 - ACS

Getting Out of Debt

26 Sep - 0900 - ACS

NEWCOMERS ORIENTATIONS

Newcomers Orientation

Every Wednesday 0830 - ACS

Spouse Orientation & Tour

11 and 25 August 0830 - ACS

Navy Family Orientation

17 August 1700 - FFSC

Army Volunteer Corps

Relationship Etiquette; Making Life Choices 3 Aug - 0900 - Potomac Place Center

ACS: Army Community Services

830 Chisholm Avenue - 301-677-5590 www.fortmeadeacs.checkappointments.com

FFSC: Fleet & Family Support Center

2212 Chisholm Avenue - 301-677-9017 / 9014 www.meade.armymwr.com



Exceptional Family Member Program

301-677-4779

EFMP Sip & Share

3 August - 0930 - USO Pavilion

EFMP Adult Support Group

29 August - 1800 - PX Food Court



Family Advocacy Program

301-677-4117 or 4124

Resiliency of Men

2 & 16 Aug - 1300 - FAP Center

Moms of Multiples Group

3 & 17 Aug - 1330 - FAP Center

Daddy & Me

7 & 21 Aug - 1700 - FAP Center

Families Dealing with Deployment

7 & 21 Aug - 1730 - FAP Center

Single Parent Support Group

14 & 28 Aug - 1730 - SAS Center

Couples Communication

Mondays - 1430 - FAP Center

Come Play With Me

Mondays - 1030 - FAP Center Fridays - 1030 - FAP Center

Romp 'n' Stomp

Tuesdays - 0930 - call for location

Parenting with a Purpose

Wednesdays - 0930 - FAP Center

Women's Empowerment Group

Wednesdays - 1400 - Call for location

Moms Support Group

Thursdays - 0930 - FAP Center

Moms Walking Group Thursdays - 0830 - FAP Center



Thursday, 24 August 1700 to 1900 2212 Chisholm Ave (FFSC)

& Response

Light refreshments served

PARENTS NIGHT OUT

18 August - 1830 to 2200

Register at Parent Central Services by 4 August!

15 September - 1830 to 2200

Register at Parent Central Services from 21 Aug to 1 Sep

Where: Child Development Center IV - 85th MED BN Avenue

Open to: Infants to eleven year olds

Must be registered with Child & Youth Services

Cost: \$20. per child

Spaces are limited and fee is non-refundable.

Call 301-677-1149 for details

CYS OPEN HOUSE

28 August - 1800 School Age Center II Free

Beginning 5 September, School Age Care Center II will be located at 909 Ernie Pyle Street, the former Youth Center.

School Age Care Center II

will offer before and after school care for youth attending Manorview and Pershing Hill Elementary.

> Learn about the new programs and activities at the joined Middle School-Teen Center!



For details, call 301-677-1156 or 1149

YOUTH SPORTS

Fall Sports Registration

Volleyball - Soccer - Ready Set Run NFL Flag Football - Cheerleading

Fall season runs from September to early November. Register early to avoid the waiting list.

Volunteer Coaches Needed

Volunteers; the lifeblood of the program, are needed for all sports. Volunteer Coaches' youth play for free!

Register at Parent Central Services: 301-677-1149/1156

For details, call Youth Sports: 301-677-1179











INTRAMURAL FLAG FOOTBALL GOAGHES MEETING

2 August - 1300 Murphy Field House

A representative must be present in order for the team to be on the schedule.
Intramural Flag Football is open to all Active Duty Military Personnel that are assigned or stationed at Fort George G. Meade.

Call 301-677-3318 for details.

GET FIT!

- **☆** Fitness Classes
- **☆ Personal Trainers**
- **☆** Functional Fitness
- Run Series
- **☆ TRX Training**
- **☆ Boxing Fitness**
- **☆ Water Aerobics**
- **☆** Group Workouts



Join these great classes: Box Fit Training - Belly Dancing - Body Tone Core Conditioning - Dance Club Fitness - High Intensity Interval Training Pre-Natal, Divine Breath, Gentle, or Vinyasa Yoga - Water Aerobics Zumba - Spin - Strength Core - Pound Fit - and many others!

Call 301-677-2349 or 3716 for details

A Century of Innovation, from Saddles to Cyberspace

2017 Run Series

Register early for the remaining runs! All runs also feature a One Mile Walk.

Tank Corps Joe 5K

28 October - 0800 Meade Pavilion

Turkey Trot 5K

18 November - 0800 Murphy Field House

Call 301-677-3318 for details



Discount Tickets

THEME PARKS

MEDIEVAL TIMES

AREA ATTRACTIONS





BALTIMORE ORIOLES' HOME GAMES

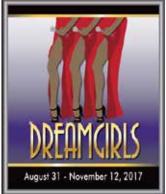
MARYLAND ZOO

BALTIMORE'S NNER HARBOR

ATTRACTIONS IN FLORIDA & OTHERS

TOBY'S DINNER THEATRE / COLUMBIA, MD





Leisure Travel Services

in the Arts & Crafts Center - 6530B York Avenue NOW OPEN on Saturdays from 9 a.m. to 1 p.m.

WING-IT Thursdays!

.50¢ each in the Lounge at Club Meade every Thursday!

"Dine In" only! Carry-out not available.

Brass Lounge is open Wednesday to Friday 1600 - 2000





The Lanes' Pin Deck Café

Week day featured items in

Note: * = includes small fries & drink

Breakfast served all day!

Chicken Tenders *

Barbecue: Ribs or chicken

B.L.T. Sandwich *

Crab Cake Platter *

7 AUG - Turkey Club & beverage **Seven Piece Wings ***

Barbecue: Hamburgers, hot dogs, or sausage

10 AUG - B.L.T. Sandwich *

- Fish Sub *

14 AUG - Chef Salad & beverage

15 AUG - Grilled Reuben* 16 AUG - Soul Food Meal

17 AUG - Popcorn Chicken '

18 AUG - Fish 'n' Chips Platter



21 AUG - Bowler Burger*

22 AUG - Two Chili Cheese Dogs * 23 AUG - Barbecue: Ribs or chicken

24 AUG - Tuna Melt *

25 AUG - Catfish Platter

28 AUG - Philly Steak or Chicken Sub *

29 AUG - Sampler: Tenders, onion rings, cheese sticks

30 AUG - Barbecue: Hamburgers, hot dogs, or sausage

31 AUG - Four Whole Wings*

The Lounge -

Texas Hold'em

Mondays & Wednesdays - 1900

Team Trivia Night

Every Thursday - 1900

Open Mic Night*

Every Saturday - 1900 to 2200

Board Games

Every Tuesday - 1600 to 2200

Karaoke Night*

Every Friday - 1900 to 2200

*Note: Must be eighteen to attend or participate at these events!

MARK YOUR CALENDARS

Community Job Fair

13 September - 0900 to 1400 - Club Meade

New York City Day Trip

16 September - 0700 - Leisure Travel Services

1920's Murder Mystery Dinner 16 September - 1700 - Club Meade

Bench Press Competition

23 September - 0900 - Murphy Field House



Facebook Updates: Fort Meade Family and MWR



