

# JULY - SEP 2024



## CLASSES - WORKSHOPS- EVENTS

All classes are free and open to all DoD ID cardholders; Active Duty, Retirees, family members, DoD civilians, and Fort Meade contractors. Note that all schedules that are listed within may be subject to change. Registration is required for all classes! Classes are held at 306 Sentinel Drive, Suite 350 Annapolis-Junction, MD 20701.

To register, please call 301-677-9014/17/18 Hours of operation Monday – Friday 0730 – 1600.

### Transition Assistance Program (TAP) with Tracks (Thu-Fri)

#### TAP Five-Day Workshop

Mandatory brief for all service members separating or retiring. Spouses are invited and encouraged to attend.

**Pre-registration is required!**

Core	Track
15 – 19 Jul	Employment
22 – 26 Jul	Employment
05 – 09 Aug	Boots to Bus.
19 – 23 Aug	Employment
09 – 13 Sep	Employment
23 – 27 Sep	Education

**Classes are 0730 - 1600**

#### Retiree Brief

Retiring, medically separated, or retired. (Note: TAP is **NOT** a requirement to attend)

30 Jul	0800 – 1200
27 Aug	0800 – 1200
17 Sep	0800 – 1200

#### VA Compensation Brief

30 Jul	1200 – 1300
27 Aug	1200 – 1300
17 Sep	1200 – 1300



### LIFE SKILLS CLASSES

#### Anger Management

11 Jul	1000-1130
05 Aug	1100-1230
11 Sep	1100-1230

#### Build Healthy Relationships

15 Jul	1100-1200
23 Aug	1100-1200
25 Sep	1230-1330

#### Stress Management

26 Jul	1000-1130
19 Aug	1100-1230
19 Sep	1100-1230

#### Effective Communication

31 Jul	1100-1200
30 Aug	1115-1215
27 Sep	1215-1315

#### Time Management

31 Jul, 30 Aug, 27 Sep	1000-1100
------------------------	-----------

#### Child Abuse & Awareness Workshop

08 Jul	1000 - 1100
15 Aug	1000 – 1100
23 Sep	1100 – 1200

#### Domestic Violence Awareness Workshop

22 Jul	1100 – 1230
28 Aug	1000 – 1130
16 Sep	1000 – 1130

## Fleet & Family Support Center

306 Sentinel Drive Suite 350 Annapolis-Junction, Maryland 20701

301-677-9014

## FINANCIAL CLASSES

### Car Buying

09 Jul 1030 – 1200  
20 Aug 1030 - 1200

### Debt Destroyer

11 Jul 1230 – 1330

### Home Buying Strategies

23 Jul 1230 – 1400  
10 Sep 1030 – 1200

### TSP/Investing

30 Jul 1300 – 1500  
27 Aug 1300 – 1500

### Creating a Spending Plan

06 Aug 1030 – 1200  
26 Sep 1330 - 1500

### Saving Strategies

15 Aug 1300 – 1400  
17 Sep 1300 – 1500



## Command Financial Specialist

### CFS Forum

19 Sep 1100 – 1230

## OMBUDSMAN

### Basic Training

16-18 Jul 0830-1600

### Pre-Deployment Brief

13 Aug 1000-1130

### Sponsorship Training

01 Aug 0900-1030  
05 Sep 1430-1530



## EMPLOYMENT CLASSES

### Career Assessment

10 Jul 0900 – 1300  
04 Sep 0900 – 1300

### Resume Workshop

24 Jul 0900 - 1200  
14 Aug 1830 - 2100  
18 Sep 0900 - 1200

### Job Search/Job Fair Strategies

07 Aug 0900 - 1200  
26 Sep 0900 - 1200

### Interviewing Skills

21 Aug 0900 – 1200

(All night classes are virtual)

## NEW PARENT SUPPORT PROGRAM

### Infant Massage

This is a 5 week class and all sessions are required.

01 Aug 1030 – 1230  
08 Aug 1030 - 1230  
15 Aug 1030 - 1230  
22 Aug 1030 - 1230  
29 Aug 1030 - 1230

### Adult & Pediatric CPR

31 Jul 0900 – 1230  
28 Aug 0900 – 1230  
18 Sep 0900 – 1230

### NMCRS: Baby Bootcamp

16 Aug 0830 – 1400

# Fleet & Family Support Center

306 Sentinel Dr. Ste. 350, Annapolis-Junction, Maryland 20701

301-677-9014