

USA SWIMMING SWIMING SWIMI

SEPTEMBER 24 9 A.M. - NOON

8:30 a.m. - Check In

9:00 a.m. - Dry Clinic, Water Safety Info. Meet & greet and autographs

10 a.m. - Water Instruction (3 groups)

11 a.m. - Question & Answer and Giveaways

GAFFNEY POOL AT FORT MEADE

FREE!

Open To:

The first 30 registered and eligible Gaffney Fitness Center participants grades K-12. Call 301-677-3867 to register.

Sponsored By:

Eta Theta Sigma Alumnae Chapter of Sigma Gamma Rho Sorority Inc. and USA Swimming.

www.meade.armymwr.com
For more information call: 301-677-3867