

# FORT MEADE

## EXCEPTIONAL FAMILY MEMBER PROGRAM



### MONTHLY OUTREACH

- First Monday of every month at Candlewood Suites from 0800-0900
- Second Wednesday of every month at Post Exchange from 1100-1200
- Fourth Monday of every month at Kimbrough Ambulatory Care Center from 1000-1200

### FAMILY SUPPORT EVENTS

- Sensory Playgroup First Thursday of every month from 1000-1130 at SAC II 909 Ernie Pyle Rd.
- Family Bowling Night Third Friday of every month from 1730-1900 at The Lanes on Fort Meade
- Army EFMP 101, Quarterly ACS 830 Chisholm Ave. Rotating day and evening opportunities to attend.



### MORE INFORMATION

Quarterly workshops are available to all DoD cardholders, regardless of EFMP enrollment. Workshops include, Mental and Physical Health, IEP Workshop, and more! Events are posted on Fort Meade's MWR and Fort George G. Meade Facebook Pages. Contact us to be added to our program's email distribution list.

### CONTACT INFORMATION

[usarmy.meade.usag.mbx.acs-efmp@army.mil](mailto:usarmy.meade.usag.mbx.acs-efmp@army.mil)



[meade.armymwr.com](http://meade.armymwr.com)

