

# Our Services

## HOME VISITS

Help with your concerns as a parent or parent-to-be in the privacy of your home.

## REFERRALS

Information and help in finding other needed services. Feel more at home in the military community through the assistance of caring professionals.

## RESOURCE & MATERIALS

Various books, videos, web-sites and other resource materials on topics such as parenting, Family relationships, child development, and infant care.

## INFORMATION ON PARENTING

Provide “hands-on” information for parents to make informed decisions about their children and Family.

## BREASTFEEDING SUPPORT

Provide information on the benefits of breastfeeding.



# New Parent Support Program



*Join us for*

## BABEASE BOOT CAMP

**When:** 3rd Friday of every other month  
**JAN, MAR, MAY, JUL, SEP, NOV**

**Where:** Family Advocacy Program Center  
2462 85th Medical Battalion Avenue  
Fort Meade, MD 20755

**Time:** 0830-1530  
**Phone:** (301) 677-4118

### REGISTRATION IS REQUIRED

*BABEASE BOOT CAMP* is a program for new and expecting parents. The seminar covers topics such as infant care, diet and nutrition, ages and stages of development, community resources and so much more. At the completion of the day's activities participants receive a Babease Boot Camp Bundle.

**Family Advocacy Program**  
**Fort George G. Meade**

New Parent Support Program



# AS YOUR CHILD GROWS



## The New Parent Support Program Helps You...

- Prepare for parenthood
- Become a more confident parent
- Understand the ages and stages of your child's development
- Learn effective ways of dealing with stress
- Improve your relationship with your children

## What If We Are Not New Parents?

Even if you have been raising your Family for a few years, new ages and stages bring different challenges. You can talk about your concerns and ask questions about babies, young children and Family relationships.

## What Can NPSP Do For Me?

This program offers the opportunity to learn new skills as parents and to improve old ones. Parents often have many questions about the needs of infants and young children. The New Parent Support Program is a reliable source for answers to your questions in the privacy of your home. The program is designed to strengthen parent's knowledge and skills so that they can then provide environments where their children can thrive. The program also seeks to reduce stressors that can increase the risk of child abuse and neglect.

## Who Are We?

The New Parent Support Program (NPSP) is a professional team of nurses and social workers who provide support and education. Our staff knows about the concerns of parents and the challenges that only military Families face.

## Who Is The Program For?

This program is voluntary. It was developed to help Families in many ways that friends and Family often do. Military Families expecting a child, or with a child age 0 - 3 (six years for Marine Corps Families), are invited to participate free of charge in all of the services offered.



For more information please call,

or visit us at  
[www.meade.armymwr.com](http://www.meade.armymwr.com)



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