



2016-17 Fort Meade CY S Winter Sports

"CYS Youth Sports strives to provide a quality, structured youth sports program to the children of Ft. Meade. It is our mission to ensure that each child has a positive, rewarding experience while learning basic sports fundamentals, good sportsmanship, character, discipline, competitiveness, and teamwork in a safe and caring environment. Participants will have an equal opportunity to learn and compete while knowledgeable volunteers promote the philosophies and principles of integrity and fair play."

Practices:

BASKETBALL

- Practices will begin the week of 5 Dec 2016. No practices Dec 23-Jan 2 or on Federal Holidays.
- Practices will be held at Pershing Hill Elementary School for the 6-7 age group. The front doors to the school must remain closed at all times. Teams will need to have a parent at the front door to let people in. The 8-9 and 10-11 age groups will practice at MacArthur Middle School. The entrance to the gym is in the back of the building. 12-13, 3-4 and 5 year old clinic will practice at the Youth Center.
- **Only players and certified coaches are allowed to participate in practice. No other children or adults are allowed on the basketball courts.** All spectators are expected to stay off the courts and not interrupt practices.

FUTSAL

- Practices will begin the week of 5 Dec 2016. No practices from Dec 23-Jan 2 or on Federal Holidays.
- Practices will be held at Manor View Elementary School, Pershing Hill Elementary and the Youth Center. Front doors to the schools must remain closed at all times. Teams will need to have a parent at the front door to let people in.
- **Only players and certified coaches are allowed to participate in practice. No other children or adults are allowed on the futsal courts.** All spectators are expected to stay off the courts and not interrupt practices.

Games:

The intent of player participation rules are to provide youth with an opportunity to participate in 50% of each game. Missing or delayed arrivals to practices/games may result in less than 50% playing time in a game.

BASKETBALL

- Games for the 6-7 and 8-9 age groups will begin on Friday, 6 Jan 2017 and end on 3 Mar 2017 (Pending any make ups). No games on MLK and Presidents Day weekend. The 10-11 and 12-13 age groups will play on Saturday mornings beginning 7 Jan and end on 4 Mar (Pending any make ups). Coaches will provide you with a copy of the game schedule. ***Games could be played on a Saturday or weekday other than your normally scheduled practice or game day due to weather cancellations or facility availability.***
- If games are cancelled due to bad weather the Sports Staff will inform the Head Coach who will notify the parents.

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- If games are cancelled due to bad weather the Sports Staff will inform the Head Coach who will inform you.

Indoor Facility Rules: The following are strictly prohibited in the school gyms, and Youth Services Building:

- **Tobacco products of any kind**-to include dip, cigarettes, cigars, E-cigarettes/pipes, or any imitation of smoking or use of tobacco products.
- **Alcohol products**-Including non-alcoholic beer.
- **Unattended children**-*Any children watching practice (younger/older brothers and sisters) must be accompanied by an adult. Please keep an eye on children to make sure they are not doing something they shouldn't be; for example: walking/playing in the hall ways, running/ throwing and shooting basketball/soccer balls in the gym, playing under the bleachers.*
- **Unattended children in the bathroom.** Parents are to accompany their child to the bathroom.
- **Profanity of any kind**-we can't always describe it, but you know it when you hear it.

****IF YOU SEE SOMETHING, SAY SOMETHING! TELL THE YOUTH SPORTS STAFF ON SITE.****

Youth Services Basketball Gym: The following are strictly prohibited in the Youth Services Gym:

- **No food or drinks in the gym:** *Players may bring water in squirt bottles. No other food or drinks are permitted in the gym.*
- **Bathroom:** *All adults must use the staff bathroom. Any small children requiring adult supervision should also use the staff bathroom. The key can be checked out at the front desk.*

WEATHER:

- ***If schools are closed or closed early due to inclement weather all youth sports practices (Basketball & Futsal) are cancelled.***

TEAM PARENTS:

- Should a team decide to utilize a team parent their only responsibility is for the coordination of game snacks, email chain, etc... This is the only responsibility recognized by CYS. Any issues concerning uniforms, practice/game scheduling, needed equipment, etc... is to be handled by the Head Coach in coordination with the Youth Sports Staff.

PARENT CODE OF CONDUCT/CONCUSSION FORMS:

- Parents will be required to read and sign the CYS Youth Sports Parent Code of Conduct and Concussion awareness forms.

SPORTS PHYSICALS/CYSS PASS:

- If your child does not have a current Sports Physical on file with the CYS Registration Office they cannot practice until a current one is on file. Children must have a physical through the duration of the season. If your child's physical expires during the season, a new sports physical will need to be submitted to the Parent Central Services office to continue participating.
- It is the parent's responsibility to turn the sports physical into the registration office and not to the coach or youth sports staff. If you have any questions regarding your child's physical please contact the parent central services registration office at 301-677-1156/1149.
- If your child has special needs and you are required to be at practice with them please make sure that you stay for the entire practice.
- If your child's CYS Pass expires during the season, it must be renewed at the Parent Central Services office to continue participating.

PLAYER SAFETY AND EQUIPMENT

- Parents shall provide basic equipment e.g., water bottle, sports specific optional equipment, shoes, retainer straps, mouth guards, protective eye wear, sanitary items, and socks.
- Equipment, unapproved clothing, or jewelry that may cause injury to a player is not permitted. Rings, watches, earrings, plaster/plastic casts, leather braces, and/or metal braces are not permitted. Taping over is NOT permitted.
- Youth Sports does not encourage participant names being placed on uniforms.
- If a concussion or serious injury is suspected, the athlete shall be removed from the game or practice and shall not be allowed to return until a doctor has cleared the athlete to return to practices and games and proper documentation is on file with the CYS registration office.

Your registration fees help offset the cost of:

- Uniforms (Which you get to keep)
- End of Season participation awards
- Equipment and Supplies (Balls, cones, first aid kits, etc.)

DEALING WITH PROBLEMS DURING THE SEASON:

- Please try to solve any issues at the lowest level possible starting with the head coach. If you are unable to solve the issue at hand let the Sports Staff know immediately. Do not wait and let small issues become bigger problems.
- If there is any occasion in which you feel verbally or physically threatened please contact the police immediately. Do not wait to report an incident to the Youth Sports Staff the following day. The Military police phone number is (301) 677-6622.

FOR QUESTIONS OR CONCERNS CONTACT THE YOUTH SPORTS OFFICE

Youth Sports Director: Hunter Davis (301) 677-1987

Assistant Youth Sports Director: Jesse Miller (301) 677-1329

Assistant Youth Sports Director: Jim Dey (301) 677-1179



As a Chapter of the National Alliance for Youth Sports, we have the ability to implement the NYSCA "Rate Your Coach" feature. This valuable feature allows our coaches a chance to receive feedback from parents anonymously. We believe this is a great tool that helps our volunteers reach their coaching potential. However, this resource only works with your participation. Since parent evaluations are anonymous to the coaches, parents can provide honest feedback without fear of backlash or repercussion. The coach will only see their overall score in each category. Honest and timely feedback is crucial to helping coaches identify the areas that need work, or building their confidence by learning what skills they excel at. Go to <https://www.nays.org/rateyourcoach/>, parents will need to enter their coach's NYSCA six-digit member number and complete the coach evaluation. Please contact the youth sports office or your coach to obtain this number.



The Press Box is a free weekly e-newsletter bringing you the latest news stories in youth sports, research on youth athlete safety and wellness, and more. Stories are carefully curated to bring subscribers only the best quality content and news. To sign up for the Press Box, please visit <https://www.nays.org/resources/more/free-e-newsletters/>.



Sporting Kid Live - We encourage all of our parents and coaches to visit www.nays.org/sklive/ and read about current events in youth sports.



Let's Talk Sports is a **Free** and **Fun** activity for you and the family created by The National Alliance for Youth Sports. *Let's Talk Sports is a great opportunity to understand the value of playing organized sports. It's a fun and rewarding program that goes over a number of life lessons learned through sports. If your young person answers the questions correctly then they qualify to be a "Certified Youth Sports Kid." Sports are the "outdoor classroom" to help your child develop leadership skills for a lifetime.*