

ZUMBA

HALLOWEEN COSTUME PARTY

Put on your best sweat-proof costume and join us for two hours of fun, non-stop dancing and sweating to a variety of music. Many of Gaffney's Zumba and dance instructors will be present, so it is a great opportunity to try the instructors and classes.

19 OCTOBER - 1700/5 P.M.
MURPHY FIELD HOUSE - FREE OF CHARGE!

*Event is suitable for ALL levels. Workout to torch serious calories; take breaks as needed!
Please be safe: eat and hydrate in advance.*



Murphy Field House - 8451 Zimborski Avenue
Phone: 301-677-2402

www.meade.armymwr.com

