



**JUL - SEP 2023**



# CLASSES - WORKSHOPS- EVENTS

All classes are free and open to all DoD ID cardholders; Active Duty, Retirees, family members, DoD civilians, and Fort Meade contractors. Note that all schedules that are listed within may be subject to change. Registration is required for all classes! Classes are held at 2212 Chisholm Ave, Ft. Meade MD 20755. **To register, please call 301-677-9014/17/18** – Hours of operation Monday – Friday 0730 – 1600.

## Transition Assistance Program (TAP) with Tracks (Thu-Fri)

### TAP Five-Day Workshop

Mandatory brief for all service members separating or retiring. Spouses are invited and encouraged to attend.

#### Pre-registration is required!

24 – 28 Jul	0800 – 1600
31 Jul – 04 Aug	0800 – 1600
14 – 18 Aug	0800 – 1600
11 – 15 Sep	0800 – 1600
25 – 29 Sep	0800 – 1600

### Retiree Brief

Retiring, medically separated, or retired. (Note: TAP is **NOT** a requirement to attend)

18 Jul	0800 – 1130
22 Aug	0800 – 1130
05 Sep	0800 – 1130

## Medical Records Review

Have medical records reviewed by an AMVET representative.

**Appointments are required!**



## Two-Day Track Workshops My Employment

(Employment Preparation –Are you employment ready?)

27 – 28 Jul	0800 – 1600
17 – 18 Aug	0800 – 1600
14 – 15 Sep	0800 – 1600

### My Entrepreneurship

(Boots to Business-Is small business ownership for you?)

03 – 04 Aug	0800 – 1600
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### My Vocation

(Career and credential exploration)

### My Education

(Are you pursuing higher education after the military?)

28 – 29 Jun	0800 – 1600
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## Briefs & Trainings

### Pre-Deployment Brief

02 Aug	1000-1200
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### Sponsorship Training

20 Jul	1400 - 1530
24 Aug	0900 - 1030
07 Sep	1400 - 1530

**Fleet & Family Support Center**

**301-677-9014 / 9017**

## FINANCIAL CLASSES

### Marriage and Money

13 Jul 1000 – 1200

### Home Buying Strategies

20 Jul 0900 – 1100

### Managing Credit & Debt

03 Aug 1000 – 1200

### Creating a Spending Plan

17 Aug 1000 – 1100

### Car Buying Strategies

31 Aug 1000 – 1200

### Financial Readiness

07 Sep 1000 – 1200

### Saving Strategies

14 Sep 1000 – 1200

### Understanding TSP Investment Options

21 Sep 1000 – 1130



## EMPLOYMENT CLASSES

### Resume Workshop

11 Jul 0900 - 1200

12 Sep 0900 - 1200

### 10 Steps to a Federal Job

18 Jul 0900 – 1200

05 Sep 0900 - 1200

### Job Search Strategies

25 Jul 0900 – 1200

### Interviewing Skills

19 Sep 0900 – 1200

## OMBUDSMAN CLASSES

### Ombudsman Basic Training Available Online

### Ombudsman Assembly

17 Jul 1000-1200

25 Sep 1000-1200

## ADULT & PEDIATRIC FIRST AID/CPR

19 Jul 0900 – 1300

06 Sep 0900 – 1300

## LIFE SKILLS CLASSES

### Anger Management

06 Jul 0900 – 1100

17 Aug 0900 – 1100

07 Sep 0900 – 1100

### Stress Management

13 Jul 0900 – 1100

24 Aug 0900 – 1100

14 Sep 0900 – 1100

### Build Healthy Relationships

21 Jul 0900 – 1000

11 Aug 0900 – 1000

27 Sep 0900 – 1000

### Time Management

20 Jul 0900 – 1000

25 Aug 1000 – 1100

28 Sep 0900 – 1000

### Effective Communication

27 Jul 0900 – 1000

31 Aug 1000 – 1100

29 Sep 1000 – 1100

## NEW PARENT SUPPORT PROGRAM

### For ages Birth to 4

### Voluntary & free home visit program

### Virtual parenting classes

### Milestones: Ages & Stages of Development

### NMCRS: Budget for Babies

14 Jul 1100 – 1300

08 Sep 1100 – 1300

Fleet & Family Support Center

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