

**FORT MEADE
FAMILY
ADVOCACY
PROGRAM**



CO-PARENTING COMMUNICATION

A four-week co-parenting communication class to provide tools and resources to help families and couples with coping skills to enhance communication and resolve conflicts.


- ✓ Meet other parents
- ✓ Get your questions answered
- ✓ Discuss important information

When: Tuesdays from 1300-1500

**Who: Active Duty, Family Members,
Retirees, DoD Civilians and Contractors**

Where: Virtually via Microsoft Teams

CONTACT US

 **(301) 677-4118**

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meade.armymwr.com

