

COUPLES COMMUNICATION WORKSHOP

**Fort Meade
Family
Advocacy
Program**

**Strengthen your connection. Communicate with clarity.
Collaborate with confidence.**

Why Attend:

- Reduce misunderstandings and defensiveness
- Navigate conflict with calm and respect
- Make decisions together (without power struggles)
- Feel more connected and supported as a team

This Workshop Will Include:

- Guided practice with your partner
- Practical scripts and cheat sheets
- Take-home exercises to keep momentum
- Facilitator support and Q&A

**In Person at
The Family Advocacy Program (FAP)
2462 85th Medical BN Ave.
Fort Meade MD 20755**

**Thursday, January 29, 2026
3:00 PM-4:00 PM**

REGISTER NOW

 **301-677-4118**

 **CHEROD.M.JONES.CIV@ARMY.MIL**



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