



OCT - DEC 2023



CLASSES - WORKSHOPS- EVENTS

All classes are free and open to all DoD ID cardholders; Active Duty, Retirees, family members, DoD civilians, and Fort Meade contractors. Note that all schedules that are listed within may be subject to change. Registration is required for all classes! Classes are held at 2212 Chisholm Ave, Ft. Meade MD 20755. **To register, please call 301-677-9014/17/18** – Hours of operation Monday – Friday 0730 – 1600.

Transition Assistance Program (TAP) with Tracks (Thu-Fri)

TAP Five-Day Workshop

Mandatory brief for all service members separating or retiring. Spouses are invited and encouraged to attend.

Pre-registration is required!

02 – 06 Oct	0800 – 1600
16 – 20 Oct	0800 – 1600
13 – 17 Nov	0800 – 1600
27 – 01 Dec	0800 – 1600
04 – 08 Dec	0800 – 1600

Retiree Brief

Retiring, medically separated, or retired. (Note: TAP is **NOT** a requirement to attend)

23 Oct	0800 – 1130
20 Nov	0800 – 1130
11 Dec	0800 – 1130



Two-Day Track Workshops My Employment

(Employment Preparation –Are you employment ready?)

19 – 20 Oct	0800 – 1600
30 – 01 Dec	0800 – 1600

My Entrepreneurship

(Boots to Business-Is small business ownership for you?)

16 – 17 Nov	0800 – 1600
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My Vocation

(Career and credential exploration)

05 – 06 Oct	0800 – 1600
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My Education

(Are you pursuing higher education after the military?)

07 – 08 Dec	0800 – 1600
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Briefs & Trainings

Pre-Deployment Brief

01 Nov	1000-1130
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Sponsorship Training

12 Oct	0900 - 1030
09 Nov	1400 - 1530
14 Dec	0900 - 1030

Fleet & Family Support Center

301-677-9014 / 9017

FINANCIAL CLASSES

Creating a Spending Plan

05 Oct 0900 – 1000
14 Dec 1000 - 1100

Understanding TSP Investment Options

12 Oct 1000 – 1130

Home Buying Strategies

18 Oct 1000 – 1200
09 Nov 1000 – 1130

Managing Credit & Debt

19 Oct 1000 – 1130
07 Dec 1000 – 1130

Car Buying Strategies

25 Oct 1000 – 1130

Financial Readiness

15 Nov 0930 – 1100

OMBUDSMAN CLASSES

Ombudsman Basic Training

13 -15 Oct (3 days)

Ombudsman Assembly

06 Nov 1000 – 1200

ADULT & PEDIATRIC FIRST AID/CPR

08 Nov 0900 – 1230



LIFE SKILLS CLASSES

Anger Management

05 Oct 1000 – 1130
02 Nov 1000 – 1130
07 Dec 1000 – 1130

Stress Management

12 Oct 1000 – 1130
09 Nov 1000 – 1130
14 Dec 1000 – 1130

Build Healthy Relationships

19 Oct 1000 – 1100
16 Nov 1000 – 1100
21 Dec 1000 – 1100

Time Management

26 Oct 1000 – 1100
20 Nov 1000 – 1100
28 Dec 1000 – 1100

Effective Communication

25 Oct 1000 – 1100
20 Nov 1100 - 1200
28 Dec 1100 – 1200

EMPLOYMENT CLASSES

Resume Workshop

14 Nov 0900 - 1200

10 Steps to a Federal Job

07 Nov 0900 – 1200

Myers-Briggs Assessment

21 Nov 0900 – 1200

NEW PARENT SUPPORT PROGRAM

For ages Birth to 4

**Voluntary & free home visit
program**

Virtual parenting classes

**Milestones: Ages & Stages of
Development**

NMCRS: Budget for Babies

01 Dec 1100 – 1300

EVENTS

**EFMP FAMILY DAY
CHESAPEAKE CHILDREN'S
MUSEUM**

OCT 07 1300-1700

Fleet & Family Support Center

301-677-9017 / 9018