



# JOINT SERVICES - FREE CLASSES & WORKSHOPS

Open to all Active Duty Military and family members, DoD civilians, and Military/DoD retirees; free of charge.

## BRIEFS & TRAINING

### Newcomers Orientation

Every Wednesday - 0830 - ACS

### Sponsorship Training

13 NOV - 1400 - FFSC

### Pre-Separation Brief

14 NOV - 0900 - FFSC

### Pre-Deployment Brief

18 NOV - 1000 - FFSC

### Retiree Brief

04 NOV - 0800 - FFSC

### Transition, Goals, Plans, and Success

#### Five Day Workshop:

04- 08 NOV- 0800 - FFSC

18- 22 NOV - 0800 - FFSC

### Transition, Goals, Plans, and Success

#### Two Day Workshop:

#### "Boots to Business"

06-07 NOV - 0830 - FFSC

## FINANCIAL

### Car Buying

13 NOV - 0800 - FFSC

### Dollars & Sense

03 DEC - 0800 - ACS

### Home Buying

12 NOV - 0900 - ACS

### Car Buying

19 NOV - 0800 - ACS

### Planning for the Holidays

26 NOV - 1000 - ACS

### 1st Term Readiness

Online Course - ACS

## LIFE SKILLS

### Stress Management

14 NOV - 0900 - FFSC

### Anger Management

14 NOV - 1300 - FFSC

### Time Management

21 NOV - 0900 - FFSC

## EXCEPTIONAL FAMILY MEMBER PROGRAM

Located at ACS Community Readiness Center

301-677-4779

### EFMP Sip & Share

7 NOV - 0930

Calvary Chapel

### EFMP Bowling

20 NOV - 1730

The Lanes



## Army Community Services (ACS)

Community Readiness Center: 830 Chisholm Avenue / 301-677-5590

## Fleet & Family Support Center (FFSC)

2212 Chisholm Avenue / 301-677-9017 / 9018

### Boundaries With Children

Six week parenting class

6, 13, 20, and 27 - NOV

1300 to 1500

### Resiliency of Men

6 & 20 NOV - 1300

### Moms of Multiples

7 & 21 NOV - 1330

### Families Dealing with Deployment

4 & 18 NOV - 1730

### Single Parent Group

11 & 25 NOV - 1730

SAC I - 1900 Reece Rd

### Babease Boot Camp

15 NOV - 0830

### Couples Communication

Every Monday - 1430

### Parenting with a Purpose

Every Wednesday - 1300

### Women's Empowerment

Every Wednesday - 1400

### Moms Support Group

Every Thursday - 0930

### Moms Walking Group

Every Thursday - 0830

## PLAY SESSIONS

### A-Z Come Play With Me

Ages 18 months to 4 years

Every Monday & Friday - 1030

2462 85th Med Bn Avenue

### Romp - n - Stomp

Ages up to age five

Every Tuesday - 1000

909 Ernie Pyle Road

## FAMILY ADVOCACY PROGRAM

2462 85th Medical Battalion Avenue | 301-677-4118



## SINGLE PARENT SUPPORT GROUP

### Non-Judgmental Support

### Convenient Evening Meeting Times

Support Group geared for single parents and their children

Topics include: coping skills, parenting challenges, and other resource are available.

11 & 25 NOV - 1730

## PARENTING WITH A PURPOSE

Parenting with a Purpose is a six week interactive class that discusses topics such as; ages and stages of child development, 1-2-3 Magic concepts, stress management, discipline, use of positive and negative consequences and parenting styles.

Every Wednesday - 1300

# PARENTS NIGHT OUT

at Child Development Center IV ★

**15 November - 6:30 to 10:30 p.m.**

Register 1 to 13 November at Parent Central Services

Details? Call 301-6777-1149



## Parent Advisory Board Meeting

November 13 - 4 p.m. - SAC II

## The Lanes - Fort Meade

Bowling Center - Pro Shop - Café - Lounge - and More!



### Eat at the Pin Deck Cafe

Daily Specials and breakfast all day

### Cosmic Bowling

Every Saturday 7 p.m.

## MWR - Outdoor Recreation

301-677-3810

Burba Lake Recreation Area - RV Storage Lots

Camp Meade RV Park & Convenience Store

"CHECK-IT-OUT" Equipment Rentals

"Cash machine, Striker, and Basketball" party games!

Fishing boats & gear - Camping gear & campers

Canopies - Grills - Dunk Tanks - Moon bounces

Party supplies and more!

## MWR SPORTS & FITNESS

301-677-3716

FITNESS EQUIPMENT & CLASSES

PERSONAL TRAINERS

FUNCTIONAL FITNESS

INTRAMURAL SPORTS



## YOUTH SPORTS Winter Sports Registration

Register through Parent Central Services or on-line.  
A valid sports physical is required for all participants

Indoor Soccer - Ages 5 to 11

Soccer Clinic - Ages 3 to 4

Cheerleading - Ages 5 to 15

Basketball - Ages 5 to 15

Basketball Clinic - Ages 3 to 4

## Volunteer Coaches Needed

We are looking for volunteer coaches for all sports.  
Coaches receive access to free training, volunteer hours,  
as well as a coaching discount for their children!

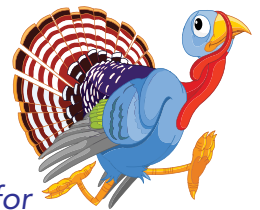
Contact the Youth Sports Office at  
301-677-1437

## Turkey Trot

**23 November - 0800**  
**Meade Pavilion**

5K Fun Run and One Mile Walk for  
the entire Fort Meade Community!

Call 301-677-3716 for information or to register.



## PET PHOTOS at MWR's Family Pet Care Center



Discounts on photos for pets boarded  
or enrolled in Doggie Day Care!

Autumn: November 7-9  
Christmas: December 12-14  
Call 301-677-4059 for details.

## Automotive Skills Center

301-677-5542

"Fix It Yourself and Save!"

### Hours of Operation:

Thursday - 1200 to 2000

Friday - 1200 to 2000

Saturday - 0900 to 1700

Sunday - 1000 to 1500

Open to all MWR eligible patrons.



## While You Wait

### Services Offered:

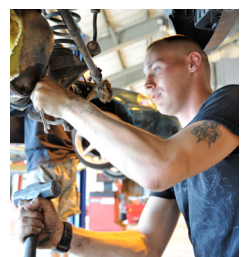
☑ Oil Change

☑ Wheel Alignment

☑ Nitrogen Inflation

☑ Air Conditioning Service

**Wednesdays**  
**10 a.m. - 5 p.m.**



meade.armymwr.com



# ARTS & CRAFTS CENTER

6530 York Avenue | 301-677-7809

## HOLIDAY HOME DECOR CLASSES

Thursday Evenings, 6:30-8:30 p.m.



**Parent & Child | Ages 13+ with Adult**

November 14

Cost: \$45 per person

Registration Deadline: Nov 7



November 21

Cost: \$30 per person

Registration Deadline: Nov 14

### Pick-It-&Paint-It Ceramics

Every Saturday afternoon, Noon – 5 p.m.

No reservations required for individuals or small groups of five or less.

Drop by the Center for an afternoon of creative fun for the whole family.



## Artrageous Adventures for Kids

### Parent & Me Preschool Art

Wednesday Mornings, 10 a.m.

Nov 6 - Shaving Cream Cards

Nov 13 - Pinecone Bird Feeders

Nov 20 - Handprint Turkey

### After-School Art for grades 2-5

Thursday Afternoons, 5 p.m.

Nov 7, 14, 21 - Clay Ceramics

### Home School Art for grades K-5

Thursday Afternoons, 1 p.m.

Nov 7, 14, 21 - Recycled Newspaper Baskets

Register in SKIES Unlimited or call us!



## SIP & CREATE

Uncork your creativity at Club Meade!



OWL WILL  
BE WATCHING

**15 NOV - 6:30 p.m.**  
**\$40 per person**

Instructor will guide participants through each step of the process

Price includes:

Canvas, paint, apron, and two beverages.



Keep up to date with all Fort Meade MWR events!

Visit us Online:  
[meade.armymwr.com](http://meade.armymwr.com)

## Leisure Travel Services

6530B York Avenue; located in the Arts & Crafts Center  
Open Monday to Friday: 10 a.m. to 5 p.m.



### The Official 2019 White House Christmas Ornament

Honoring President Dwight D. Eisenhower  
the thirty-fourth president of the United States from 1953 to 1961.

**\$22 each** Available at Leisure Travel Services  
and the Arts & Crafts Center.



## NEW YORK CITY TRIPS



**21 DECEMBER**

\$65

Self-directed Holiday Shopping Trip  
Transportation Only

## DISCOUNT TICKETS

Plan next year's vacation today!

Now booking 2020 Disney  
& Universal Studios Trips!

## LOOKING AHEAD!

### Holiday Concert

13 December- 11 a.m. or 2:30 p.m. - Club Meade

### Ugly Sweater Fun Run

14 December- 8 a.m. - Murphy Field House

### Santa's Workshop

14 December- 8 a.m. - Club Meade

### Parents Night Out

21 December - 6:30 p.m. - CDC IV  
Register: 2 to 18 December - Spaces are limited.

### New Year's Eve Party

31 December - 5 p.m. & 9 p.m. - The Lanes