



# THE ROAR

CYS Sports and Fitness/SKIES

Volume 1, Issue 2

Winter 2020

## Play Like a Raven

This past Veteran's Day Fort Meade Youth Sports hosted the Baltimore Ravens for a football clinic for military youth on our sports complex. It was the first time since 2014 that the Ravens have been on Fort Meade, and it did not disappoint. Players, cheerleaders, coaching staff, and others from the Ravens were on hand to deliver an amazing clinic. Poe, the Ravens mascot, and Colonel Scar, the CYS Sports mascot, also came to bring added fun and excitement. The one day event lasted two and a half hours.

Over 160 kids registered with CYS came out for the event. Activities ranged from passing drills, receiving drills, running back drills, and even basic training type drills. The camp ended in various scrimmages based on age and a group photo.

Ravens players who came out for the event included Trace McSorley, Miles Boykin, Justice Hill, and Patrick Mekari. Our own Garrison Commander made an appearance and addressed everyone at the start of the clinic, with his own version of the Monday Night

Football theme song. Mission BBQ catered the event.

It was really a great time for everyone there, staff and participants alike. Youth were able to make memories that will stick with them

for the rest of their lives and be a part of something not everyone has the privilege to do. We would like to thank everyone for all the hard work they put in, and look forward to the next time we can host the Ravens.



### Dates to Remember:

Jan 1- Spring Registration Opens

Jan 10/11- Winter Games Begin

Feb 14/15- No Games (Presidents Day Weekend)

Mar 6/7- Last Games of winter season

Mar 7- Spring Parent Orientation

Mar 30- Spring Season begins

### CYS Sports Mission Statement

CYS Youth Sports strives to provide a quality, structured youth sports program to the children of Ft. Meade. It is our mission to ensure that each child has a positive, rewarding experience while learning basic sports fundamentals, good sportsmanship, character, discipline, competitiveness, and teamwork in a safe and caring environment. Participants will have an equal opportunity to learn and compete while knowledgeable volunteers promote the philosophies and principles of integrity and fair play

## A Nutcracker Extravaganza

On Saturday, December 7th our SKIES Dance program, led by Instructor Vima Caya, performed The Nutcracker. The performance was part of their annual winter dance recital and was held on the stage at SAC 1. Over 300 people filled

the auditorium to watch the performance. With over 100 youth in the dance program, it was quite the spectacle to behold. Youth were dancing their hearts out to the classic masterpiece and made all their family who came to sup-

port them very proud. We'd like to thank Ms. Vima Caya for all the hard work she put into the showcase!

## CYS Sports and Fitness

4550 Parade Field Lane

Phone: 301-677-1437

## Coaches Corner



We're on the Web!  
[tps://meade.armymwr.com/programs/youth-sports](https://meade.armymwr.com/programs/youth-sports)

Follow us on Instagram @fortmeademwr  
Like us on Facebook: Meade CYS

*LeeAnn Sperling was a coach for CYS Sports and Fitness since 2016. We are sad to say she has left Maryland for Texas early in the new year; she was an irreplaceable coach. Whatever coaching vacancy we had, referee needs, basketball camp to help out at, or anything else we needed she was there, no hesitation. During her time here she coached basketball and bowling and also refereed at many of the basketball games, using her training as an official referee for the state of Maryland. She plans to continue to coach and referee no matter where she goes in life. LeeAnn grew up playing an array of sports, but basketball was always her favorite. We asked her what her favorite part about coaching was to which she responded that all the different kids she got to work with and the positive attitudes and energy they brought each day. She also joked that the mandatory green coaching pinnies every cleared coach has to wear was a close second. When asked what she will miss most about Fort Meade she emphatically responded with the people she has met and hopes to see again. She agreed to report back if everything was indeed "bigger" in Texas, "especially if they have all the post players". We wish LeeAnn all the best at her new home!*

## Springing into Action

### SPRING SPORT SEASON!

Sports offered include:

Clinic Soccer: ages 3-4

Soccer: ages 5-17

Clinic T-ball: ages 3-4

T-ball and Coach Pitch: ages 5-9

Clinic Flag Football: ages 3-4

Flag Football: ages 5-17

Clinic Cheerleading: ages 3-4

Cheerleading: ages 5-13

Ready, Set, Run!: ages 7-18

Tennis: ages 5-18

Beach Volleyball: ages 8-18

Track: ages 5-18

Dance: ages 3-13

Tae-kwon-do: ages 4-18

Fort Meade CYS Youth Sports is completely dependent on Volunteer Coaches. While not all coaches have kids, the majority of our coaching force are parents of players on those teams. Coaches go through our background check process, which includes our application and getting fingerprinted at the Garrison HQ building. The process takes between 2-4 weeks. In the best interest of the safety of our youth, a team must have a cleared coach, in order to start their season. This means that we sometimes have to delay the start of individual teams, until the volunteer is cleared.

So why should you volunteer to coach? All of our coaches are set up with a National Alliance for Youth Sports. This coaching account is loaded with training videos, and drills. This means that you do not have to have any previous experience coaching. Coaches also get to log their volunteer hours. We are able to give coaches, letters of recognition that list their hours volunteered. Coaches receive 65 hours of volunteer service for every season coached. This time includes practices, games, planning, and travel time. Coaches can also receive discounts for their children enrolled in the CYS Sports activity. The discount is dependent on the date they are cleared, and their IDP Training packet.

What are you waiting for? Volunteer today! Please contact the Youth Sports office for an application!

