



The 5 Love Languages of Teenagers

Words of Affirmation | Physical Touch
Quality Time | Acts of Services | Gifts

"Learn to meaningfully express love amid your teen's many changes and help them grow into healthy adults."

-Dr. Gary Chapman

Workshops are Hybrid: In-person or virtually via Microsoft Teams on Thursday February 19th and July 16th from 1:00pm-3:00pm

Open to Service Members, Family Members, Retirees, DoD Civilians and Contractors.

For more information or to register, contact the Family Advocacy Program at 301-677-4118

meade.armymwr.com

