



# The 5 Love Languages of Teenagers

Words of Affirmation | Physical Touch  
Quality Time | Acts of Services | Gifts

“Learn to meaningfully express love amid your teen’s many changes and help them grow into healthy adults.”

-Dr. Gary Chapman

**Workshops are Hybrid: In-person or  
virtually via Microsoft Teams on  
Thursday February 19th and July 16th  
from 1:00pm-3:00pm**

**Open to Service Members,  
Family Members, Retirees, DoD  
Civilians and Contractors.**



**For more information or to register,  
contact the Family Advocacy Program  
at 301-677-4118**

[meade.armymwr.com](https://meade.armymwr.com)

