

## **TRAINING SCHEDULE**

### **Dates**

Informal Funds Training  
1st Tuesday of Every Month

SFRG Foundations Training  
2nd Tuesday of Every Month

### **Time**

1000-1130

### **Location**

Army Community Service  
830 Chisholm Ave  
Fort Meade, MD 20755

Virtual Available Upon Request

### **Classes Available upon Request**

- Key Contact
- Command Family Readiness Representative (CFRR)
  - SFRG Assistant
  - Care Team
- Family Care Plans

### **SFRG FOUNDATIONS TRAINING**

Take a close look at the benefits of the Family Readiness Program and the Soldier & Family Readiness Group, the command team's roles and responsibilities and the execution of the Family Readiness Plan.

### **OTHER DEPLOYMENT CYCLE SUPPORT TRAININGS**

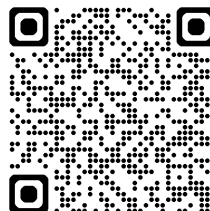
#### **FAMILY CARE PLANS**

Provides relevant information regarding the Family Care Plan Checklist and aids in reviewing completed packets.

#### **CARE TEAM TRAINING**

This training is critical prior to starting a Care Team. The Care Team fills the gap between the notification team and the arrival of Family support.

Check out all  
Fort Meade ACS  
Programs by  
scanning  
the QR code!



**Army Community Service**  
**830 Chisholm Ave**  
**Fort Meade, MD 20755**



## **Solider & Family Readiness Group (SFRG) Training**

Provided by  
Army Community Services  
Mobilization and  
Deployment Program

### **To learn more & schedule:**

(301) 677- 4110  
lauren.t.peyton.civ@army.mil

# Soldier and Family Readiness Groups

## What is an SFRG?

Soldier and Family Readiness Groups (SFRG) are command-sponsored programs; helping to build strong

Families and bridge the gap between Families and units. SFRGs promote the commander's vision throughout the unit's mission, assist Families in becoming knowledgeable and

self-reliant, and solve problems at the lowest level by:

- Providing official, accurate command information
- Advocating efficient use of community resources
- Reducing soldier and Family stress

Soldier and Family Readiness Group (SFRG) trainings based on, HQDA EXORD 233-19, Army Directive 2019-17, Army Family Web Portal.

## SFRG Role Training

### SFRG ASSISTANT TRAINING

The SFRG Assistant serves as the champion of the SFRG membership by supporting the Command Team's Family Readiness Goals. They maintain open communication with unit leadership, CFRR, FRSA (if applicable) and Soldier & Family Readiness Advisors, completing mission essential activities as outlined within the SFRG SOP and all local policies and procedures.

### SFRG INFORMAL FUNDS CUSTODIAN/ ALTERNATE (REQUIRED IF FUNDRAISING)

This training is required for all current and incoming SFRG Funds Custodians/Alternates. The training provides an overview of the Army regulations governing the management of SFRG informal funds and fundraising. Training is recommended for SFRG Informal Funds Custodians/Alternates and SFRG Leaders.



## SFRG Role Training

### KEY CONTACT training

will include how to organize and maintain a communication link between the Soldier and Family Readiness Group and new Family members of the unit. Guidelines on confidentiality, telephone, e-mail and texting will also be discussed. This is suggested training for SFRG Coordinators and anyone wanting to learn more about the SFRG Communication and Outreach structure.

### COMMAND FAMILY READINESS REPRESENTATIVE TRAINING (CFRR) (Required Position)

Formally known as the Soldier and Family Readiness Liaison (SFRL). CFRR Appointment Requirements: assigned duty to a soldier with the rank of the SGT or higher, **may only be a Service Member**, have at least 12 months of Stabilization, shall NOT deploy, will not be assigned any additional duties, MAY speak on behalf of the Commander, IS a Leader within the SFRG structure (AR 600-20).



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