

MONTHLY SCHEDULE

Command Family Readiness Representative every 1st Tuesday

Pre-Deployment every 2nd Monday

Key Contact every 2nd Tuesday

Time
1000-1130

Location
Army Community Service
830 Chisholm Ave
Fort Meade, MD 20755

Virtual Available Upon Request

Classes Available upon Request

Key Contact
Care Team
Family Care Plans
SFRG Foundations

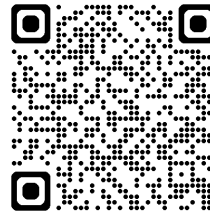
SFRG FOUNDATIONS TRAINING
Take a close look at the benefits of the Family Readiness Program and the Soldier & Family Readiness Group, the command team's roles and responsibilities and the execution of the Family Readiness Plan.

OTHER DEPLOYMENT CYCLE SUPPORT TRAININGS

FAMILY CARE PLANS
Provides relevant information regarding the Family Care Plan Checklist and aids in reviewing completed packets.

CARE TEAM TRAINING
This training is critical prior to starting a Care Team. The Care Team fills the gap between the notification team and the arrival of Family support.

Check out all Fort Meade ACS Programs by scanning the QR code!



Army Community Service
830 Chisholm Ave
Fort Meade, MD 20755



Soldier & Family Readiness Group (SFRG) Training

Provided by
Army Community Service
Mobilization and
Deployment Program

To learn more & schedule:

TEAMS: (520) 945-0335
lauren.t.peyton.civ@army.mil

Soldier and Family Readiness Groups

What is an SFRG?

Soldier and Family Readiness Groups (SFRG) are command-sponsored programs; helping to build strong

Families and bridge the gap between Families and units. SFRGs promote the commander's vision throughout the unit's mission, assist Families in becoming knowledgeable and

self-reliant, and solve problems at the lowest level by:

- Providing official, accurate command information
- Advocating efficient use of community resources
- Reducing soldier and Family stress



SFRG Role Training

KEY CONTACT training will include how to organize and maintain a communication link between the Soldier and Family Readiness Group and new Family members of the unit. Guidelines on confidentiality, telephone, e-mail and texting will also be discussed. This is suggested training for SFRG Coordinators and anyone wanting to learn more about the SFRG Communication and Outreach structure.

COMMAND FAMILY READINESS REPRESENTATIVE TRAINING (CFRR) (Required Position)

Formally known as the Soldier and Family Readiness Liaison (SFRL). CFRR Appointment Requirements: assigned duty to a soldier with the rank of the SGT or higher, **may only be a Service Member**, have at least 12 months of Stabilization, shall NOT deploy, will not be assigned any additional duties, MAY speak on behalf of the Commander, IS a leader within the SFRG structure (AR 600-20).



SFRG trainings based on, Army Regulation 608-1, and Army Family Web Portal.

meade.armymwr.com

