

FAMILY ADVOCACY PROGRAM

Please see each class for registration information below.

A-Z COME PLAY WITH ME – Interactive activities designed to assist families in learning developmentally appropriate play techniques to help children 0-5 improve their social, cognitive, and motor skills.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Family Advocacy Center – 2462 85th Medical Battalion Ave., Fort Meade, MD.

No registration required!

Date/Time: Every Monday, (4, 11, 18, 25 August), Wednesday (6, 13, 20, 27 August) and Friday (1, 8, 15, 22, 29 August) from 0900-1030

CALLING ALL DADS – A 4-week workshop to educate fathers on practical parenting skills regarding child development and effective discipline as well as self-care, the role of fathers, and communication skills. This interactive group environment allows fathers to discuss, share concerns, and gain support from one another.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Virtually via Microsoft Teams or in-person as requested.

Registration required. 301-677-4118

Date/Time: Every Monday, 1200-1330 (4, 11, 18, 25 August),

ROMP N STOMP – A playgroup that provides interaction, education, and socialization for parents and children, ages 0-5.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Burba Park Lake (**Playgroup will be held at FAP during inclement weather**)

No registration required!

Date/Time: Every Tuesday, 0900-1100 (5, 12, 19, 26 August)

CO-PARENTING COMMUNICATION – A four-week co-parenting communication class to provide tools and resources to help families and parents with coping skills to enhance communication and resolve conflicts.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Virtually via Microsoft Teams or in-person as requested.

Registration required. 301-677-4118

Date/Time: Every Tuesday, 1300-1500 (5, 12, 19, 26 August)

POSITIVE PARENTING – A four-week parenting class to assist parents with non-physical discipline techniques, relationship building and nurturing the needs of children of all ages.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Virtually via Microsoft Teams or in-person as requested.

Registration required. 301-677-4118

Date/Time: Every Wednesday, 1300-1500 (6, 13, 20, 27 August)

SINGLE PARENT SUPPORT GROUP – This group provides single parents with a forum to discuss concerns, gain support, and enhance single parenting for mothers and fathers.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Virtually via Microsoft Teams or in-person as requested.

Registration required. 301-677-4118

Date/Time: Every Thursday, 1100-1200 (7, 14, 21, 28 August)

BREASTFEEDING AND 4TH TRIMESTER SUPPORT GROUP – For all parents with babies 0–1-year-old. To interact, encourage and support various topics related to postpartum and breastfeeding.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors

Location: Family Advocacy Center – 2462 85th Medical Battalion Ave., Fort Meade, MD.

Registration required: 301-677-4118

Date/Time: First Thursday of every month, 0930-1100 (7 August)

BABY BOOT CAMP – To provide education to parents to help them understand their stages of pregnancy, infant care, safety, and nutrition, and ways to build attachment and support their baby's growth and development.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Family Advocacy Center – 2462 85th Medical Battalion Ave., Fort Meade, MD.

Registration required. 301-677-4118

Date/Time: Third Friday of every month, 0900-1300 (22 August)

5 Love Languages of Singles – A communication enhancement workshop that teaches singles and single parents how to self-love and connect with family, friends and others.

Location: Virtually via Microsoft Teams or in-person as requested.

Registration required. 301-677-4118

Date/Time: 21 August, 1300-1500

Baby Shower – There will be food, games, giveaways, resources and chances to win door prizes! This event is exclusively for our new and soon-to-be mom's with base access to Fort Meade.

Open to: Active Duty, Family Members, Retirees, DoD Civilians and Contractors.

Location: Club Meade – 6600 Mapes Rd., Fort Meade, MD.

Registration required. 240-636-5867

Date/Time: 10 August, 1100-1300

Mobilization and Deployment

Registration Required: 301-677-4110/5590

Pre-Deployment Brief – Learn about creating or updating essential legal documents, organizing your finances, creating a Family care plan, and designing a contingency plan in case things change. The resources in this brief can help you and your Family prepare, get organized and navigate challenges.

Location: Army Community Service – 830 Chisholm Ave., Fort Meade, MD

Date/Time: Available Upon Request

Soldier and Family Readiness (SFRG) Information Session – Soldier and Family Readiness Groups (SFRG) are command-sponsored programs; helping to build strong Families and bridge the gap between Families and units.

Location: Virtually via Microsoft Teams or in-person as requested.

Date/Time: 12 August, 0900-1200 & Available Upon Request

ARMY VOLUNTEER CORPS

Registration Required: Please call 301-677-7571/5590

Volunteer Management Information System (VMIS) Orientation – This comprehensive orientation will introduce you to our organization, policies, procedures, and the volunteer program. You'll learn how to navigate the Volunteer Management Information System (VMIS) and gain a clear understanding of your role and responsibilities as a volunteer. The session will conclude with a Q&A to address any questions you may have.

Location: Virtual via Microsoft Teams

Date/Time: First Monday of every month, 0900-1000 (4 August)

Organizational Point of Contact (OPOC) Orientation/Training – What to expect: Practical tips and best practices to improve volunteer supervision and management, a comprehensive manual with resources and references, understanding how to navigate Volunteer Management and Information System (VMIS), and a certificate of completion. Location: Virtually via Microsoft Teams or in-person as requested.

Date/Time: Available Upon Request

EXCEPTIONAL FAMILY MEMBER PROGRAM

Registration Required. (301)-677-5662/5590

Meade-ACS-EFMP-Events@army.mil

IEP - Preparing for Back-to-School – Join us online Thursday, 21 August 2025 at 12:00 pm for an interactive workshop designed to help Special Education Families prepare for a successful school year.

Location: Virtual via Microsoft Teams

Date/Time: 21 August 1200-1300

EFMP FAMILY BOWLING – Recreation & Support Opportunity for Families Enrolled in EFMP. Join us for fun, connection, and strikes with fellow EFMP families! All EFMP families welcome! Don't miss out on this great opportunity to unwind and build community. Free game with a \$2 shoe rental.

Location: The Lanes – 2788 MacArthur Rd., Fort Meade, MD

Date/Time: Third Friday of every month, 1730-1900 (15 August)

FINANCIAL READINESS PROGRAM

All events are held virtually via Microsoft Teams.

To Register for classes, contact: usarmy.meade.usag.mbx.acs@army.mil

Please include your name, class name, date and time in your email.

Lunch and Learn:

Thrift Savings Plan

Date/Time: First Thursday of every month, 1200-1300 (7 August)

Budgeting

Date/Time: Second Thursday of every month, 1200-1300 (14 August)

Setting Financial Goals

Date/Time: Third Thursday of every month, 1200-1300 (21 August)

Planning for Financial Emergencies

Date/Time: Fourth Thursday of every month, 1200-1300 (28 August)

Financial Milestones:

PCS

Date/Time: 05 August, 0900-1000

Pre-Deployment

Date/Time: 12 August, 0900-1000

Post-Deployment

Date/Time: 19 August, 0900-1000

Promotion

Date/Time: 26 August, 0900-1000

Home Sweet Home: Home Buying Strategies

Date/Time: 06 August, 0900-1100

FORT MEADE NEWCOMER & FAMILY PROGRAMS
RELOCATION ASSISTANCE PROGRAM

Registration: Please call 301-677-5590

Newcomers Orientation – This in-person orientation welcomes newly arrived Army service members and their spouses to Fort Meade.

Open to: Active Duty and Family Members

No Registration Required

Location (Tentative): See updates on MyArmyPostApp

Dates/Times: Every Tuesday, 0800-1600 with lunch (5, 12, 19, 26 August)

Pre-departure (ARMY) 2025

Open to: Active Duty (Army Only)

No Registration Required

Location: Military Personnel Office – 4550 Parade Field Ln., Fort Meade, MD

Date/Time: First and Third Wednesday of every month, 0900-1500 (6, 20 August)

Sponsorship Training

Location: Army Community Service – 830 Chisholm Ave., Fort Meade, MD

Dates/Times: Available Upon Request

Multicultural International Culture Class 2025 – Japan, Germany, South Korea

Location: Virtually via Microsoft Teams or in-person as requested.

Dates/Times: Available Upon Request

Spousal Orientation – Spouses may schedule an appointment with the Relocation Readiness Manager to receive a tour and overview of ACS programs.

Location: Army Community Service – 830 Chisholm Ave., Fort Meade, MD

Dates/Times: Available Upon Request

Hearts Apart – A support program offered in a hybrid format for families separated due to deployment or unaccompanied tours.

Location: Virtually via Microsoft Teams or in-person as requested.

Dates/Times: Available Upon Request

EMPLOYMENT READINESS PROGRAM

Registration Required: 301-677-7571/5590

Resume Labs – Resume Review (please bring drafted resume) and feedback on format/layout, content, relevance to job market, keyword usage, grammar, and overall effectiveness in showcasing skills and experience. Review best practices for resume writing. Q&A session and follow up support to include a second review of revised resume. (*Must complete ERP Intake Form)

Location: Virtually via Microsoft Teams or in-person as requested

Date/Time: Second and Fourth Tuesday of every month, 0900-1200 (12, 26 August)

Federal Employment & Resume – An overview of Federal Employment and Resumes. (*Must complete ERP Intake Form)

Location: Virtually via Microsoft Teams or in-person as requested.

Date/Time: Third Tuesday of every month, 1000-1200 (19 August)

Job Search Strategies – Learn how to conduct an effective job search through resume building, networking, online applications, and interview preparation. This class provides practical tips and a step-by-step plan to help you find and land the right job! (*Must complete ERP Intake Form)

Location: Virtually via Microsoft Teams or in-person as requested.

Date/Time: Second Wednesday of every month, 0900-1200 (14 August)