

**FORT MEADE
FAMILY ADVOCACY PROGRAM**

SELF-DEFENSE & BYSTANDERS INTERVENTION CLASS



A self-defense education and training program designed to increase bystander awareness and teach intervention techniques during in support of Domestic Violence Awareness Month, come in flexible workout attire.

***TUESDAY, OCTOBER 27TH, 2026
FROM 11:00AM-1:00PM***

***Open to Active
Duty, Family
Members, Retirees,
Civilians and
Contractors***

***WHERE: 830 CHISOLM AVE
FORT MEADE, MD 20755***

***CONTACT US TO REGISTER!
(301) 677-4118***



meade.armymwr.com

Domestic Violence

Awareness



PAINTING FOR

PREVENTION

A time to come together and paint while promoting advocacy and awareness for domestic violence.



**When: Thursday, October 22nd, 2026
at 1300-1500**

**Where: Family Advocacy Program
2462 85th Medical BN Ave.
Fort Meade, MD 20755**

**Who: Open to Active Duty,
Family Members, Retirees, DoD
Civilians and Contractors**

Call To Register: 301-677-4118



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Fort Meade Family Advocacy Program

5 Love Languages Couples Edition



An interactive workshop aimed at providing couples with communication tools to learn and apply to their love language.

Open to Active Duty,
Family Members,
Retirees, DOD Civilians,
and Contractors

Workshops are
Hybrid: In-person or
virtually via Microsoft
Teams on Thursday
October 15th
from 1pm-3pm

For more information or to
register, contact the
Family Advocacy Program
at 301-677-4118

2462 85th Medical Battalion Ave Fort Meade, MD 20755



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FORT MEADE
FAMILY ADVOCACY PROGRAM
VICTIM ADVOCATES
PRESENTS

EMPOWERMENT AND COMMUNICATION GROUP

A monthly support group for anyone who has experienced or is currently experiencing relationship discord or domestic violence.

Each session offers coping skills, parenting support, psychoeducation, helpful resources, and connection with others on the path to healing.

**THURSDAY, OCTOBER 8TH, 2026
FROM 11:00AM - 1:00PM**

**Where: 830 Chisolm Ave
Fort Meade, MD 20755**

RSVP REQUIRED!

(301) 677-4118

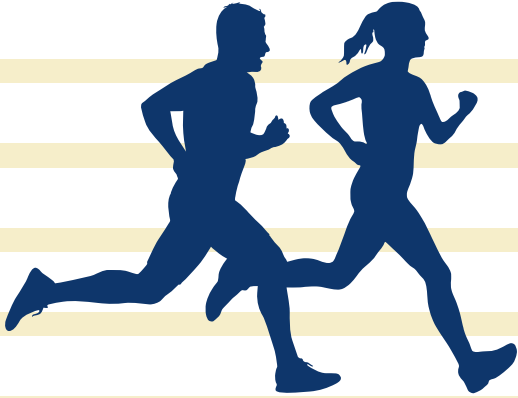


*Open to Active
Duty, Family
Members, Retirees,
Civilians and
Contractors*



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WALK AWAY *from* DOMESTIC VIOLENCE *Monster Dash Fun Run*



In collaboration with Gaffney Gym's Fun Run Series FMMD community will run or walk to raise awareness and promote domestic violence prevention.

**SATURDAY
OCT 24TH, 2026
0700-1200**

**AT THE MCGILL
TRAINING CENTER**

**JOIN THE FAMILY ADVOCACY DAVA TEAM IN OUR
CLOTHESLINE PROJECT
BY WRITING WORDS OF ENCOURAGEMENT FOR
SURVIVORS OF DOMESTIC ABUSE**



FORT MEADE
FAMILY ADVOCACY PROGRAM

IN OCTOBER



ON FRIDAYS

WE WEAR PURPLE

to support
Domestic Violence
Awareness Month



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FORT MEADE
FAMILY ADVOCACY PROGRAM

"Hope Rocks" Rock Painting



FAP is hosting a rock painting session for parents and their children up to age 5 to raise awareness for domestic violence.

**Let's Paint
for
AWARENESS!**

**THURSDAY, OCTOBER 8TH, 2026
FROM 4:30PM-6:30PM**

**246285th Medical Battalion Ave
Fort Meade, MD 20755**

**NO
REGISTRATION
REQUIRED**

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DOOR DECORATING CONTEST

Show your solidarity in ending domestic violence by decorating an interior or exterior door in purple!

CONTEST DEADLINE

OCTOBER 23RD, 2026

WINNER WILL RECEIVE A CERTIFICATE OF APPRECIATION

"SPEAK UP, SPEAK OUT"

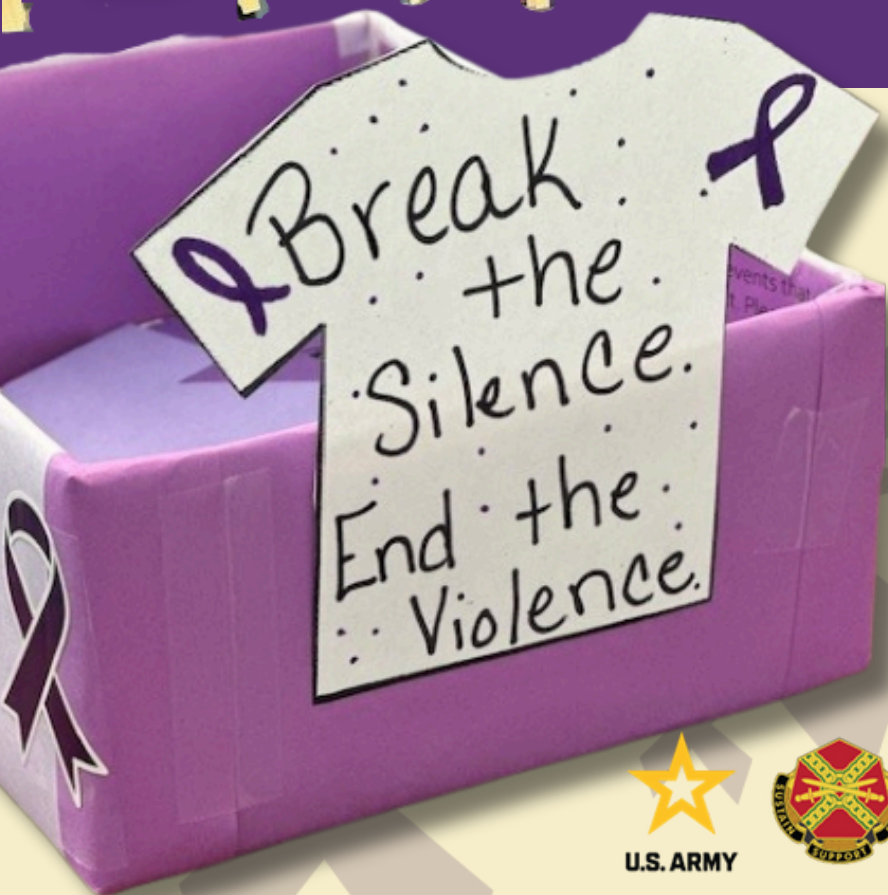


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CLOTHESLINE PROJECT



**FOR THE MONTH OF OCTOBER JOIN
THE FAMILY ADVOCACY DAVA TEAM IN
OUR CLOTHESLINE PROJECT
BY WRITING WORDS OF
ENCOURAGEMENT FOR SURVIVORS OF
DOMESTIC ABUSE**



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Domestic Violence AWARENESS MONTH

Wear Purple on Fridays

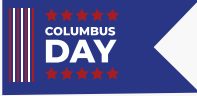
Garrison Command Suite
4551 Llewellyn Ave.
Fort Meade, MD 20755

Family Advocacy Program (FAP)
2462 85th Medical Battalion Ave.
Fort Meade, MD 20755

McGill Training Center
8452 Zimborski Ave.
Fort Meade, MD 20755

Army Community Services (ACS)
830 Chisolm Ave.
Fort Meade, MD 20755

October 2026

SUN	MON	TUE	WED	THU	FRI	SAT
*Info Table *Door Decorating *Silent Witness *Purple Ribbon Campaign *Clothesline Project			30 Proclamation Signing at Garrison Command Suite 1030-1130	1 Info Table at Gaffney Child Abuse & Neglect Training 0900-1100	2 Hands Are Not for Hitting Puppet Show at CDC II 0930 Info Table at Exchange 11:30-1300	3
4	5 Domestic Violence Awareness Facebook Blurb of the Day	6	7	8 Empowerment & Communication Group @ ACS 1100-1300 "Hope Rocks" Rock Garden at FAP 1630-1830	9 Hands Are Not for Hitting Puppet Show at FAP 0930 Info Table at Exchange 11:30-1300	10
11	12 	13 Domestic Violence Awareness Facebook Blurb of the Day	14	15 5 Love Languages of Couples 1300-1500	16 Hands Are Not for Hitting Puppet Show at CDC III 0930 Info Table at Exchange 11:30-1300	17
18	19 Domestic Violence Awareness Facebook Blurb of the Day	20	21	22 Painting for Prevention at FAP 1300-1500	23 Hands Are Not for Hitting Puppet Show at CDC IV 0930 Info Table at Exchange 11:30-1300 Door Decorating Contest Due Date 0700	24 Walk Away from Domestic Violence-Monster Bash-Clothesline Hanging at McGill Training Center 0700-1200
25	26 Domestic Violence Awareness Facebook Blurb of the Day	27 Self-Defense/Bystander Intervention Class at ACS 1100-1300	28	29 Child Abuse & Neglect Training 0900-1100	30 Door Decorating Contest Judging 0700 Info Table at Exchange 11:30-1300	31

**FORT MEADE
DOMESTIC VIOLENCE AWARENESS
MONTH**

**STOP
DOMESTIC
VIOLENCE**



Everyone deserves to
feel safe, respected, and
loved, no one should
have to live in fear.

LISTEN

SPEAK UP

OFFER HELP

SUPPORT VICTIMS

CONTACT US

Domestic Abuse Victim Advocates (DAVA)
at 301-677-4118 or
the 24-hour hotline at 240-688-6918

Family Advocacy Program (FAP)
2462 85th Medical Battalion Ave.
Fort Meade, MD 20755



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