

# **FORT MEADE FAMILY ADVOCACY PROGRAM**

## **NEW PARENT SUPPORT PROGRAM**

**SERVING EXPECTING  
PARENTS AND FAMILIES  
WITH CHILDREN  
UP TO AGE 3.**

### ***We offer:***

- **Baby Boot Camp**
- **Home Visits**
- **Parenting Workshops**
- **Infant Massage Classes**
- **Breastfeeding & 4th Trimester Class**
- **Referrals to other resources**

### **WHO IS ELIGIBLE FOR NPSP?**

**All military families and single service members who are expecting or have a child up to 3 years of age are eligible to participate free of charge for all services offered.**

***For more information,  
please call or visit FAP at***



**301-677-4118**



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[meade.armymwr.com](http://meade.armymwr.com)