

FINANCIAL HARDSHIP RESOURCES

current as of 15 Sep 26

DISCLAIMER: The following resources may be of interest to service members and federal employees experiencing financial hardship due to the lapse in appropriations. These resources are provided for informational purposes only. The Department of War, Department of the Army, USAG Fort Meade does not endorse any products, services, or organizations.

Financial Institution Assistance Programs: Several financial institutions are offering emergency support to Service Members and Federal Employees.

Note: *Some institutions will be willing to assist through requesting deferred or reduced payments.*

Air Force Aid Society	https://afas.org/
Army Emergency Relief	https://www.armyemergencyrelief.org/assistance/
Navy-Marine Corps Relief Society:	https://www.nmcrrs.org/
Coast Guard Mutual Assistance	https://mycgma.org/programs/shutdown-loan/
National Foundation for Credit Counseling (NFCC)	https://www.nfcc.org
Consumer Financial for Credit Counseling	https://www.consumerfinance.gov .

Additional Military / Federal Employee Support and Counseling Resources

Armed Forces Legal Assistance	https://legalassistance.law.af.mil/
Military One Source	https://www.militaryonesource.mil/
Military and Family Life Counseling (MFLC)	https://www.militaryonesource.mil/benefits/military-family-life-counseling-program/
American Red Cross	https://www.redcross.org/get-help/military-families/hero-care-network/financial-assistance.html
Office of Personnel Management (OPM)	https://www.opm.gov/
Unemployment Compensation	https://oui.doleta.gov/unemploy/unemcomp.asp
National Housing Counseling Agencies	https://www.hud.gov
My Fed Benefits	https://myfedbenefitshelp.com/shutdown-assistance-map/
Blue Star Families	https://bluestarfam.org/

Federal Program Resources

Employee Assistance Programs (EAP)	https://www.foh4you.com
Low Income Home Energy Assistance Program	https://www.benefits.gov

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Federal Employee Education Assistance Fund	https://feea.org/
The Emergency Food Assistance Program (TEFAP)	https://www.fns.usda.gov/tefap/emergency-food-assistance-program

State / Regional Program Resources

DC Dept. of Employment Services (DOES)	https://does.dc.gov
United Way 211	https://www.211.org
Federal Worker Emergency Loan Program	MDfedworkerloan@submittable.com or call 410-541-1075 https://maryland-cap.org/get-help/ https://response.maryland.gov/federalpublicservants/food-cash-and-other-assistance
Unified Benefits Screener	https://response.maryland.gov/federalpublicservants/food-cash-and-other-assistance
MyFEDBenefits	https://myfedbenefitshelp.com

Local Area Program Resources

Potomac Electric Power Company (Pepco)	https://www.pepco.com 800-424-8028
Baltimore Gas & Electric Company (BGE)	https://www.bge.com 800-685-0123
Delmarva Power	https://www.delmarva.com 800-375-7117
Prince George's County, MD	https://www.princegeorgescountymd.gov
Fairfax County, VA - Coordinated Services Planning	https://www.fairfaxcounty.gov 703-222-0880
City of Alexandria, VA	https://www.alexandriava.gov
Baltimore County Food Pantry Locator	https://mdfoodbank.org/find-food/
Prince George County Food Pantry Locator	https://pgcfec.org › resources › find-food-food-pantry-listings

Point of Contact for further information or support please contact:

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